



Introduction to Functional Medicine and Medication-Related Nutrient Depletions, Functional Medicine: it all starts in the Gut, and the Interconnection between the Immune System and the Gut

Learning Objectives:

Upon successful completion of this knowledge-based course pharmacists should be able to:

1. Define Functional Medicine (FM) and list the 6 core principles and 7 clinical imbalances.
2. Compare and contrast conventional medicine, integrative medicine, and FM.
3. Utilize FM tools including the Timeline, the Matrix, and GO-TO-IT.
4. Describe the pharmacist's role in addressing drug-induced nutrient depletions.
5. Describe the impact of altered gut microbiota and gut inflammation on GI disorders and overall health.
6. Determine environmental factors that influence gut microbiota.
7. Describe Small Intestinal Bacterial/Fungal Overgrowth (SIBO/SIFO).
8. Compare and contrast dietary modifications for patients with GI disorders.
9. Discuss integrative treatment options for prevalent GI disorders.
10. Describe the pathophysiological pathways that lead to allergic and autoimmune disease.
11. Examine complex interaction of immune disease as it relates to GI integrity.
12. Identify appropriate dietary modifications for patients with immune disorders.

Faculty:

Lauren Castle, PharmD, MS

Founder

Functional Medicine Pharmacists Alliance

Melody Hartzler, PharmD, BCACP, BC-ADM

Clinical Pharmacist

Western Medicine Family Physicians, PharmToTable, LLC

Lara Zakaria, RPh, MS, CNS

Pharmacist/Nutritionist

Foodie Farmacist LLC

Faculty Disclosure:

The faculty do not report any actual or potential conflicts of interest in relation to this continuing pharmacy education course.

CPE Credit



CEI is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.



UAN: 0107-9999-19-324-H01-P | 0.40 CEUs/4.0 Hrs.
0107-9999-19-324-L01-P | 0.40 CEUs/4.0 Hrs.

On Demand Available: November 9th, 2019

On Demand Expiration: November 9th, 2023

Live Demand Available: November 9th, 2019

Live Demand Expiration: December 9th, 2019

ON DEMAND: To obtain 4.0 contact hours of continuing pharmacy education credit (0.4 CEU), participants must participate in the on-demand activity and complete the exam and evaluation. Once successfully completed, click the Submit button. The CPE Statement of Credit can then be accessed on CPE Monitor, www.MyCPEMonitor.net.*

LIVE: To obtain 4.0 contact hours of continuing pharmacy education credit (0.4 CEU), participants must participate in the live activity, and logon to the CEImpact website to complete the evaluation. Once successfully completed, click Submit. The CPE Statement of Credit can then be accessed on CPE Monitor, www.MyCPEMonitor.net.

Activity Format

Live and On Demand.

Financial Support

Funding was provided by OrthoMolecular Products.

Activity Fee

\$129 for 7 hours of live CE, \$169 including records option for post-assessment, \$199 includes previous + networking meeting add-on. See website.

*CEI provides you with two (2) opportunities to complete the exam.