



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

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UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-21-058-H04-P
0864-9999-21-058-L04-P

Provider Name: CPE Consultants, LLC

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Cosponsor(s): 9999 Joint Providership (H)
9999 Joint Providership (L)

Activity Type: Knowledge

Activity Title: Functional Medicine Approaches to Complex Gastrointestinal Disorders

Learning Objectives: (Pharmacists)
At the completion of this activity, the participant will be able to:
Recognize the key under-appreciated components of the complex, multilayered GI barrier system.
Describe the cross communication between the GI microbiota and the mucous with respect to inflammation and GI health.
Assess normobiosis and pro-inflammatory dysbiosis.
Recognize the clinical significance of abnormalities among different stool biomarkers of GI inflammation.
Develop intervention strategies towards amelioration of GI inflammation associated with invasive pathogens and IBDs.
Distinguish between the signs, symptoms, and complications of IBS vs. IBD
Compare and contrast inflammatory components of both IBS and IBD
Develop a therapeutic plan for IBS/IBD patients
Review pathophysiology and differential diagnosis of SIBO
Discuss common co-existing infections that can mimic or exacerbate symptoms
Review laboratory assessment of SIBO, including comprehensive stool testing
Develop clinical protocols for SIBO patients
Identify common gastrointestinal disorders and syndromes for which herbal therapy may be appropriate
Determine herbal classes that may be useful in the GI system
Review evidenced-based herbal protocols for functional gastrointestinal disorders, along with suggested duration of therapy and dosing strategies
Discuss best practices for sourcing quality herbal products

Activity Length: 5 Contact Hours Or 0.5 CEUs.

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): Gastroenterology
Herbal Medications
Inflammatory Bowel Disease

Initial Release Date: 11/06/2021

Planned Expiration Date: 11/06/2024

Originally Submitted By: Cheryl Reese

Submission Date: 10/25/2021

Last Modified By: Cheryl Reese

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Date	Location	Date Entered	Format	Cosponsor	Listed in P.L.A.N.®	Cancel
11/06/2021	Virtual, OH	10/25/2021	Seminar	Joint Providership		