



# ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

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**UNIVERSAL ACTIVITY NUMBER (UAN):** 0864-9999-23-015-H08-P

**Provider Name:** CPE Consultants, LLC

**Cancel**

**Cosponsor(s):** 9999 Joint Providership (H)

**Activity Type:** Knowledge

**Activity Title:** A Functional Medicine Approach To Pain and Inflammation

**Learning Objectives:**  
(Pharmacists)  
At the completion of this activity, the participant will be able to:  
Describe the pathophysiology of pain and inflammation.  
Review inflammatory pathways and cascades.  
Discuss natural product mechanisms of action for addressing pain and inflammation.  
Recommend appropriate dietary interventions to address pain and inflammation.  
Determine when to incorporate nutrient supplementation alongside dietary approaches.  
Describe the history of medical cannabis and the recent changes to the legal status of CBD.  
Assess current literature for various medical cannabis products' safety and efficacy in the treatment of acute and chronic pain.  
Using specific patient cases, develop a medical cannabis treatment plan for patients with various pain syndromes.  
Describe various functional medicine pharmacist practices.  
Review key resources available for clinical support when practicing functional medicine.  
Determine best-practices for incorporating functional & integrative medicine into several types of pharmacy practice including community, ambulatory care, and private consulting.

**Activity Length:** 7 **Contact Hours Or** 0.7 **CEUs.**

**Target Audience:** Pharmacists

**Home Study Format(s):** Web-based

**Keyword(s):** Cannabis  
Interventions  
Lifestyle Changes  
Pain Management

**Initial Release Date:** 02/22/2023

**Planned Expiration Date:** 02/22/2026

**Originally Submitted By:** Cheryl Reese

**Submission Date:** 02/21/2023

**Last Modified By:** Cheryl Reese

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