



# ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

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**UNIVERSAL ACTIVITY NUMBER (UAN):** 0864-9999-23-049-H99-P

**Provider Name:** CPE Consultants, LLC

**Cancel**

**Cosponsor(s):** 9999 Joint Providership (H)

**Activity Type:** Knowledge

**Activity Title:** Introduction to Nutrigenomics for Pharmacists

**Learning Objectives:**  
(Pharmacists)  
At the completion of this activity, the participant will be able to:  
Understand the fundamental principles of nutrigenomics, including how genes and nutrition interact to influence individual health outcomes  
Understand how nutrigenomics can inform personalized nutrition recommendations based on an individual's genetic makeup.  
Gain knowledge about the role of key nutrients and bioactive compounds in gene expression and their clinical implications in personalized nutrition  
Learn about the potential benefits and limitations of incorporating nutrigenomics in personalized dietary interventions for the purpose of chronic disease prevention  
Discuss the translational applications of nutrigenomics in clinical practice, public health, and policy-making.

**Activity Length:** 2 **Contact Hours Or** 0.2 **CEUs.**

**Target Audience:** Pharmacists

**Home Study Format(s):** Web-based

**Keyword(s):** Interventions  
Nutritional Supplements

**Initial Release Date:** 07/31/2023

**Planned Expiration Date:** 07/31/2026

**Originally Submitted By:** Cheryl Reese

**Submission Date:** 07/12/2023

**Last Modified By:** Cheryl Reese

**Modification Date:** 07/26/2023