



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

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UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-24-047-H01-P

Provider Name: CPE Consultants, LLC

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Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Mastering Supplements and Nutrient Management in Pharmacy

Learning Objectives:
(Pharmacists)

At the completion of this activity, the participant will be able to:

- Identify the pharmacist's responsibilities in advising patients about supplements.
- Discuss dietary supplement industry trends and safety.
- Explain how supplements can complement pharmacological treatments in MTM.
- Develop strategies to assess patient needs for supplements during MTM sessions based on common nutrient deficiencies.
- Discuss tools available to assess potential interactions between supplements and medications.
- Introduce components of drug-nutrient interactions and drug-induced nutrient depletions that impact personalized nutrition (and supplement) recommendations.
- Learn impact of Drug Induced Nutrient Interactions/Drug Induced Nutrient Depletions through case-based examples looking at antibiotics and oral contraceptives.
- Discuss clinical implications of microbiome changes and nutrient depletions caused by antibiotics.
- Review evidence-based interventions, including probiotics, prebiotics, and nutraceuticals
- Discuss clinical implications of NSAID use including DIND, GI and microbiome changes
- Review evidence-based interventions, including nutraceutical anti-inflammatories and factors impacting gut health
- Analyze case studies of patients experiencing drug-induced nutrient depletions in Metabolic Syndrome.
- Recommend appropriate supplements to counteract these depletions.
- Develop communication strategies to effectively educate patients about the role of supplements.

Activity Length: 3 **Contact Hours Or** 0.3 **CEUs.**

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): Medication Therapy Management
Nutritional Supplements
Vitamins

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Originally Submitted By: Cheryl Reese

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