



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-23-058-H01-P
0864-9999-23-058-H01-T
0864-9999-23-058-L01-P
0864-9999-23-058-L01-T

Provider Name: CPE Consultants, LLC

Cancel

Cosponsor(s): 9999 Joint Providership (H)
9999 Joint Providership (L)

Activity Type: Knowledge

Activity Title: Cardiometabolic Patient Care: Foundational Strategies and Emerging Concepts

Learning Objectives:
(Pharmacists)

At the completion of this activity, the participant will be able to:

- Discuss the background and role of the functional pharmacist.
- Determine the need and opportunity available in medicine for functional pharmacists.
- Identify the business opportunity for functional medicine within a pharmacy.
- Define cardiovascular and cardiometabolic risk.
- Understand the limitations of traditional risk guidelines and how to view cardiometabolic risk as a process over time that can be prevented and reversed.
- Discuss the lifestyle and functional approach to identifying, prioritizing, and treating cardiometabolic risk.
- Understand new clinical strategies and tools for accurately assessing cardiometabolic risk.
- Identify the paradigm shift that has occurred over the last decade and key opportunities for improving care interventions focused on endothelial health.
- Review case studies outlining the new approach to cardiometabolic patient care.
- Define uric acid as a metabolic marker.
- Discuss lab evaluation methods and ranges for uric acid and the clinical relevance for cardiometabolic patients.
- Identify the key interventions shown in lab evaluations to make the most improvement.
- Identify popular cardiometabolic medications and the associated nutrient depletions.
- Discuss medications that may not be for cardiometabolic diseases but increase risk of cardiometabolic disease due to the nutrients they deplete.
- Discuss data plant compounds & nutrients that may be used to reduce cardiometabolic risk factors.

Learning Objectives:
(Pharmacy Technicians)

At the completion of this activity, the participant will be able to:

- Discuss the background and role of the functional pharmacy professional.
- Explore the need and opportunity available in medicine for functional pharmacy professionals
- Define cardiovascular and cardiometabolic risk.
- Explore best practices for pharmacy professionals to support patients with cardiometabolic disease
- Explore new clinical strategies and tools for accurately assessing cardiometabolic risk.
- Review key opportunities for improving care interventions focused on endothelial health.
- Define uric acid as a metabolic marker.
- Review key interventions that improve uric acid levels
- Discuss popular cardiometabolic medications and the associated nutrient depletions.
- Explore nutrients that may be used to reduce cardiometabolic risk factors.

Activity Length: 6 **Contact Hours Or** 0.6 **CEUs.**

Target Audience: Pharmacists
Pharmacist Technicians

Home Study Format(s): Web-based

Keyword(s): Cardiovascular Disease
Lifestyle Changes
Metabolic Disorders

Initial Release Date: 09/23/2023

Planned Expiration Date: 09/23/2026



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

Originally Submitted By: Cheryl Reese

Submission Date: 09/07/2023

Last Modified By: Cheryl Reese

Modification Date: 09/18/2023

Date	Location	Date Entered	Format	Cosponsor	Listed in P.L.A.N. ®	Cancel
09/23/2023	Nashville, TN	09/07/2023	Seminar	Joint Providership		