



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-24-026-H01-P

Provider Name: CPE Consultants, LLC

Cancel

Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Functional Medicine for Pharmacists: Root Cause Approaches to Medication Therapy Management (Part 2)

Learning Objectives:
(Pharmacists)

At the completion of this activity, the participant will be able to:

- Describe basics of nutritional counseling and assessment in managing patients with chronic disease taking medications within the context of a functional medicine framework.
- Outline a holistic approach to medication management and define drug-nutrient interactions (DNI)
- Identify opportunities for nutritional supplementation to support patients taking medications for chronic disease.
- Describe drug-induced nutrient depletions (DIND) as part of medication management
- Outline a holistic medication management approach that layers DNI considerations within the context of a functional medicine framework
- Identify opportunities for leveraging foundational diet and lifestyle or supplementation to support patients taking medications for chronic disease.
- Describe an evidence-based approach to disease-state and medication management that includes assessment of drug-herb interactions (DHI)
- Outline evidence for safe and effective herbal recommendations when appropriate in management of patients taking medications for chronic disease
- Identify evidence-informed and safe opportunities for using nutraceuticals to minimize risks and side effects of medications when appropriate.
- Describe an evidence-based approach to disease-state and medication management that incorporates the concepts of DNI, DIND, and DHI using a case-based example.
- Outline a comprehensive medication management approach in pain management, hormone replacement therapy (HRT), dyslipidemia, GERD, and depression with a functional medicine lens.
- Identify opportunities for integrating aspects of DNI, DHI, and DIND within the scope of practice of pharmacists using a FxMed lens for medication therapy management and working within a collaborative team to support evidence-based de-escalation.
- Explore the role of pharmacists in healthcare and the evolving landscape of pharmacy practice.
- Discuss the integration of functional medicine principles into pharmacy practice.
- Outline the scope of practice for pharmacists in functional medicine, including patient assessment, treatment planning, education, and documentation.
- Identify challenges and opportunities for pharmacists practicing functional medicine, such as education/training needs, regulatory considerations, and integration into healthcare systems.
- Highlight case studies and success stories of pharmacists effectively practicing functional medicine.

Activity Length: 6 **Contact Hours Or** 0.6 **CEUs.**

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): Medication Therapy Management
Nutrition

Initial Release Date: 05/24/2024

Planned Expiration Date: 05/24/2027

Originally Submitted By: Cheryl Reese

Submission Date: 05/17/2024

Last Modified By: Cheryl Reese

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