



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-25-059-H01-P

Provider Name: CPE Consultants, LLC

Cancel

Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Herbal Programs: Sessions 5 & 6

Learning Objectives:
(Pharmacists)

At the completion of this activity, the participant will be able to:

- Explain the role of herbal medicine in supporting digestive health and addressing common gastrointestinal concerns.
- Identify herbal approaches to promoting microbiome balance and its systemic effects.
- Examine the connection between herbal therapeutics and skin health, including internal and topical applications.
- Explain the use of herbs for detoxification and liver support
- Evaluate the clinical efficacy, safety, and integration of these herbs in modern healthcare practices.
- Explain the role of herbal medicine in supporting bone health and addressing conditions such as osteoporosis.
- Identify herbs that target joint health and alleviate symptoms of arthritis and related disorders.
- Explore herbal strategies for improving musculoskeletal resilience and recovery.
- Discuss the anti-inflammatory properties of key herbs and their clinical applications.
- Evaluate safety, efficacy, and integration of these herbs into patient care for musculoskeletal health and inflammation management.

Activity Length: 2 **Contact Hours**

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): Herbal Medicine

Initial Release Date: 08/06/2025

Planned Expiration Date: 08/06/2028

Originally Submitted By: Cheryl Reese

Submission Date: 08/06/2025

Last Modified By: Cheryl Reese

Modification Date: 08/06/2025