



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-25-054-H01-P

Provider Name: CPE Consultants, LLC

Cancel

Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Foundations of Energy & Adrenal Function

Learning Objectives:
(Pharmacists)
At the completion of this activity, the participant will be able to:
Describe the functional connection between energy reserves, adrenal function, and mental health
Describe the basic physiological connection between the gut and mental health
Explore Functional Medicine strategies enhance mental health by addressing foundations in energy reserve and inflammation

Activity Length: 2 **Contact Hours**

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): Anxiety
Mental Health

Initial Release Date: 07/21/2025

Planned Expiration Date: 07/21/2028

Originally Submitted By: Cheryl Reese

Submission Date: 07/21/2025

Last Modified By: Cheryl Reese

Modification Date: 07/21/2025

Board Specific Content: Mental Health Awareness