

## **ACTIVITY DESCRIPTION FORM (ADF)**

## **Accreditation Council for Pharmacy Education**

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UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-24-108-H99-P

Provider Name: CPE Consultants, LLC

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Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Exploring and Evaluating Essential Labs in Functional Medicine Practice

**Learning Objectives:** At the completion of this activity, the participant will be able to:

(Pharmacists)

--Understand the difference between standard and optimal lab ranges, and how the latter can be used to catch

early signs of dysfunction.

--Learn how to use commonly accessible lab tests to assess patient health from a functional medicine

perspective and identify potential imbalances.

--Develop strategies to apply optimal lab ranges to make personalized lifestyle and nutritional recommendations

that enhance patient care.

Activity Length: 2 Contact Hours Or 0.2 CEUs.

Target Audience: Pharmacists

Home Study Format(s): Web-based

**Keyword(s):** Laboratory

Metabolic Disorders

Nutrition

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