



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

135 S. LaSalle Street, Suite 4100 Chicago, IL 60603-4810

Phone (312) 664-3575 Fax (312) 664-7008 <http://www.acpe-accredit.org>

UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-25-052-H01-P

Provider Name: CPE Consultants, LLC

Cancel

Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Integrative Approaches to Healing: Practical Solutions for Chronic Infections – Unraveling the Complex Web of Mold, Lyme, EBV, and Long COVID

Learning Objectives:
(Pharmacists)

At the completion of this activity, the participant will be able to:

- Review key components of the immune system and their roles in recognizing and responding to pathogens
- Explore the interplay between innate and adaptive immunity and its relevance to chronic infections
- Investigate how chronic immune dysregulation contributes to the persistence and exacerbation of certain infections
- Discuss the role of lifestyle modifications, nutrition, and complementary therapies in supporting immune function
- Understand common pathophysiological trends amongst various complex chronic diseases, review laboratory testing and clinical evaluation for chronic infections, explore adjunctive therapies and integrative approaches for managing these types of health challenges.
- Understand commonly overlooked considerations in complex chronic diseases including scars, dental health, toxicant exposure, mycotoxins, pathogens, immune dysregulation, and autonomic nervous system dysregulation
- Identify and utilize specific questionnaires, physical examinations, and functional laboratory tests for appropriate evaluation of complex chronic disease
- Utilize evidence-informed integrative and functional strategies to prevent and manage complex chronic disease
- Understand the important role of adjunctive therapies such as manual therapy, holistic dentistry, mind-body medicine, and more in the co-management of complex chronic disease.
- Demonstrate a comprehensive understanding of the diagnostics of Lyme and other tick-borne infections.
- Compare and contrast the clinical features of various tick-borne infections.
- Create steps to assist in the formulation of appropriate treatment protocols based on clinical presentation and diagnostic findings.
- Describe the key features of mold and EBV related conditions and the connection to chronic fatigue, including their pathophysiology, clinical manifestations, and epidemiological factors
- Discuss the comprehensive work-up plan for individuals suspected of mold or EBV related illness, integrating appropriate diagnostic tests and assessment tools
- Determine and review various evidence-based treatment protocols for mold and EBV patients utilizing pharmaceutical agents or nutraceuticals in addition to lifestyle & environmental changes
- Apply knowledge learned to patient cases examples
- Discuss relationship of "Long COVID" to fungal infections and immune dysregulation

Activity Length: 7 **Contact Hours**

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): COVID-19
Immunology
Immunotherapy
Lyme+disease

Initial Release Date: 07/16/2025

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Originally Submitted By: Cheryl Reese

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Last Modified By: Cheryl Reese

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