



ACTIVITY DESCRIPTION FORM (ADF)

Accreditation Council for Pharmacy Education

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UNIVERSAL ACTIVITY NUMBER (UAN): 0864-9999-25-068-H01-P

Provider Name: CPE Consultants, LLC

Cancel

Cosponsor(s): 9999 Joint Providership (H)

Activity Type: Knowledge

Activity Title: Stress, Thyroid, Adrenal Connection

Learning Objectives:
(Pharmacists)
At the completion of this activity, the participant will be able to:
Review the physiology of the HPA axis and thyroid hormone cascade
Discuss standard of care for adrenal and thyroid disorders
Discuss how stress impacts adrenal and thyroid function
Introduce integrative approaches to support HPAT homeostasis

Activity Length: 2 **Contact Hours**

Target Audience: Pharmacists

Home Study Format(s): Web-based

Keyword(s): Thyroid Disease
Thyroid Hormone Replacement

Initial Release Date: 11/21/2025

Planned Expiration Date: 11/21/2028

Originally Submitted By: Cheryl Reese

Submission Date: 09/02/2025

Last Modified By: Cheryl Reese

Modification Date: 10/03/2025